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2015  
Term 3 Week 7  
Newsletter



Government of South Australia  
Department for Education and  
Child Development

### **What's Been Happening At Kindy??**

We have had a busy few weeks. The Ambulance came to visit with Sue Thomas and Roger Morgan which was great, some of the children were able to try on an oxygen mask and have a turn on the chair or bed. We reinforced the use of 000 in an emergency and what the ambulance is for. Unfortunately the fire and police were unable to come so we will attempt to have them come at another time. We had perfect weather for the Botanic Gardens Visit. Everyone enjoyed walking around and using the maps. Our session with Trent was fantastic with him showing different trees and plants talking about how the Aboriginal people used them. He showed us artefacts from trees and also started a fire using two sticks together. Ready Set Go had a sports day theme with the children enjoyed competing in events and races. It was lots of fun to join in with the Reception class. We have been playing some football and developing our ball kicking skills, we even went to the golf course for a game! Outside we have also enjoyed: fixing the cars and lawnmowers in the mechanics (cubby); cooking and digging holes and tunnels in the sandpit; building with waffle blocks; measuring our wheelie tracks using the trundle wheel and finding dinosaurs in the salt and rice. Inside we have: dot painting, plasticine, box construction, dressups and babies at the home corner, measuring equipment, extra large lego blocks and other construction materials. In small group activities we have made Dad a Fathers Day present, learnt about emergencies, safe/unsafe and feelings. We have been learning different Narungga words and learnt some animal names as we read Wombat Stew.

### **Parent Opinion Surveys**

We only have 5 surveys completed out of 25 families. There are more copies of the survey on the sign in desk. Please take one and fill it in and return it or complete the survey online.

### **Hats and Sunscreen**

It is that time of the year again when the UV rays are getting to be 3 and above, according to our Sunsmart Policy this means it is hats and sunscreen time again. Please send a hat and apply sunscreen so your child can play outside. We have spare hats if you forget and there will be sunscreen on the bench at Kindy too. Thanks

### **Fundraising**

We are catering on Thursday 10th September for our next fundraiser. Please add your name to the list of items for what you are able to donate. If you are able to spend some time assisting with the serving of food on the day that would be great also. Toy Catalogues will also be coming out soon.

### **Earn and Learn Stickers**

Please return stickers and sticker sheets by Wednesday 9th September.

### **Rural Care News**

Please remember to complete your vacation care requirements and return them by 7th September. Please be reminded that Rural Care places are filled from the waiting list using the priority of access guidelines. The care vacancies are still being filled from those people on the waiting list who requested care in 2013/4.

### **Doctor Surgery and MAS Ag Visit**

We have organised a visit to the surgery to see the nurse and doctor on Tuesday 1st September at



### **LITTLE ATHLETICS**

The new season is about to start. First meet Week 1, Friday 16<sup>th</sup> October with a **new start time of 3:30pm.** Please bring your child to school and give the kids a go at so

Tiny Tots 3  
Athletics for 5  
(Note age group is based on

New families welcome

Enquires to: President  
0429919

10:00am. Parents are welcome to come along on the walk. We will be leaving Kindy at 9:30am for our walk. We will then continue on to the Area School to visit the animals in the Ag Block before they go to the Adelaide Show.

### **Governing Council**

Our next Governing Council Meeting will be Tuesday 15th September, 7:30pm at the Kindy. We have been notified that the building plans have been signed off and the commencement meeting in Tuesday 1st September.

### **Parent Helpers**

Thanks to Bronwyn Sanderson for sewing our new scarves. Aboriginal Food Trail - Adelaide Botanic Gardens: Thank you to Brooke Polkinghorne, Jo Linke, Karen Crawford, Sarah Klopp, Kelly Dyett, Kelly Tape and Jaymee Francis for coming along on our trip and assisting with the children during our time at the Botanic Gardens.

### **Book Club**

The next Book Club magazines are out. Please return orders by 7th September. Thanks to those families who have been ordering. The Kindy received a percentage of sales. We have been able to purchase the black tray and legs, trundle wheel, books, mini magnetic white boards and water pumps.

### **Protective Practices**

There is a handout from DECD about Protective Practices. These are the guidelines for staff and volunteers working with your children. Please ask staff if you have any questions about this.

### **Why Do Children Misbehave?**

It is often difficult for parents to understand why children continue to do things you do not want them to do. Children's behaviour is their way of telling you how they are feeling. Understanding the reasons for your children's misbehaviour will assist you in finding ways to help them behave differently.

There could be a number of reasons for misbehaviour:

- ☺ To gain attention
- ☺ Lack of skills to deal with the situation differently
- ☺ A cry for help or frustration
- ☺ Misunderstanding
- ☺ Unreasonable rules or expectations
- ☺ Forgetting the rules or limits

### **Limit Setting**

Children need limits. They need safe rules with which they can make choices, have responsibility and experience success. Limits must be clear and consistent! Inconsistency leaves children uncertain about what they can and cannot do. Set simple rules for everyone to follow and give reasons for these. Be aware of your reasons for setting the limit and make sure they are reasonable. Constantly remind children of the rules and limits.

Consequences for breaking rules should:

- ☺ Happen as soon as possible
- ☺ Be short or they will lose their meaning
- ☺ Be linked to the original problem
- ☺ Always be safe and respectful of a child

**Be firm but fair.**

You can help your children by:

- ☺ Listening to them and keeping lines of communication open
- ☺ Acknowledging their feelings
- ☺ Being consistent
- ☺ Making sure you expectations are realistic
- ☺ Giving them your time and attention

Come & have a fun evening with well known Clinical Psychologist

## ANDREW FULLER

### BUILDING RESILIENCE COMMUNITY WORKSHOP

Monday 21<sup>st</sup> September | Minlaton Council Chambers | 7-8.30pm | FREE


**Resilience & emotional intelligence contribute more to career & life success than academic intelligence**

**Topics covered will include:**

- The active ingredients of resilience & how parents can develop these in their children
- Parenting tricky kids
- Creating happy kids
- Building self-esteem & dealing with set backs
- Increasing motivation & pleasure in learning
- Building self-esteem & dealing with set backs
- Developing a mindset for success
- Overcoming anxiety & developing confidence

**All parents, carers & community members welcome**

RSVP to Minlaton District School  
on 8853 2346 or [dl.0781.info@schools.sa.edu.au](mailto:dl.0781.info@schools.sa.edu.au) by 14.9.15  
or to your local school Principal  
[www.andrewfuller.com.au](http://www.andrewfuller.com.au) | [www.resiliencyouth.org.au](http://www.resiliencyouth.org.au)



- ☺ Encouraging their own problem solving
- ☺ Praising them for good behaviour

**REMEMBER**

- ☺ All children are different and may require different parenting approaches
- ☺ No approach will work all the time! Be creative
- ☺ Parenting styles must change and grow with the age, abilities and needs of a child

**Please feel free to chat with staff about any issues or concerns.  
Louise, Melissa, Jo, Kim, Michelle, Jasmine, Lisa and Tammy.**

## TERM 3 OVERVIEW

Updates in each newsletter

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 7</b>	Admin 31	1 September Doctor Visit 10:00 Ag Visit 11:30	2	3	4
<b>Week 8</b>	SYP Partnership 7 Book Club Orders Due	8	9 Woolworths Stickers Due Parent Opinion Surveys Due	10 <b>CATERING FUNDRAISER</b> Early Years Conference	11
<b>Week 9</b>	Admin 14	15 Governing Council 7:30pm	16	17	18
<b>Week 10</b>	21 <b>Pupil Free Day</b> Andrew Fuller @ Minlaton	22	23	24	25